

**I.I.S. Inveruno**

## **PROGRAMMA SVOLTO**

### **MATERIA INGLESE**

*Classe VE*

*– a.s. 2018-19*

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**Testi utilizzati: Growing into old age Autori: Rovellino- Schinardi- Tellier Casa ed: CLITT**  
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Grammar revision  
Training for INVALSI

#### Module 5

Growing old  
unit 1

When does old age begin?(214-215)

Staying healthy as you age: how to feel young and live life to the fullest(215-216)

myths about aging( 216-217)

Tips for keeping the mind sharp(217), Tips for exercising as people age ,(219) tips for sleeping well as people age,(220)

#### Module 5

Minor problems of old age.

Depression(228-229)

Depression and illness in older adults and the elderly(229)

Age -related memory loss(231-232)

Sleep(233-234)

Falls(234-235)

Eyesight changes(236)

Smell loss(237)

Incontinence(240)

Hearing problems(240-241)

Depression(228-229)

Depression and illness in older adults and the elderly(229)

Age -related memory loss(231-232)

Sleep(233-234)

Falls(234-235)

Eyesight changes(236)

Smell loss(237)

Incontinence(240)

Hearing problems(240-241)

#### Module 7

Choosing a job

Unit1- 3

From theory into practice

Careers in health and social care(312)  
Independent healthcare in the UK(313-314)  
Job roles in Adult Care(315)  
Healthcare social worker, personal assistant, Occupational therapist, employment support assistant(315-316)  
Writing a C.V.(339)  
How to write a C.V.(340-341)  
The job interview(345)  
Module 5-Unit 3:Major diseases  
Care setting  
Alzheimer's disease(244-245)  
Treatments(245)  
Parkinson's disease(249)  
How to cure Parkinson's disease(250)  
What is cardiovascular disease?(251-252)  
*Long term care(253)*  
*Aging services(256)*  
*Independent living facilities(256)*  
*Nursing homes(257)*  
*Adult day care centre(259)*  
Alzheimer's disease(244-245)  
Treatments(245)  
Parkinson's disease(249)  
How to cure Parkinson's disease(250)  
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*Aging services(256)*  
*Independent living facilities(256)*  
*Nursing homes(257)*  
*Adult day care centre(259)*

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Inveruno, 30-05-19

**Gli alunni**

**La docente Camiciola Cristina**