

PROGRAMMA SVOLTO

MATERIA LINGUA INGLESE

Classe 5D

Indirizzo SERVIZI SOCIO-SANITARI

a.s. 2020-2021

Testi utilizzati: Growing into old age, materiale fornito dalla docente
Prof.ssa Silvia Cucchi:

- 1) GRAMMAR:
Revision delle principali strutture linguistico-grammaticali.
Esercitazioni prova INVALSI.
- 2) MICROLINGUA:
The process of aging
Healthy aging and balanced nutrition
Healthy aging and physical activity
Memory loss and tips for keeping the mind sharp
Menopause and andropause

“MINOR PROBLEMS OF OLD AGE”
Depression (signs and symptoms – alternative medicine for depression)
Dementia vs depression
Age-related memory loss
Normal memory loss vs dementia
Old age and sleep needs
Balance problems and falls
Eyesight changes (presbyopia, eye cataracts and glaucoma)
Age-related hearing problems (presbycusis)
Age-related taste problems
Age-related smell loss (presbyosmia)
Skin changes
Urinary incontinence
Malnutrition and under-nutrition
Age changes in bones, muscles, and joints + Osteoporosis

“MAJOR PROBLEMS OF OLD AGE”
Alzheimer’s disease (stages, signs and symptoms, and treatments)
Parkinson’s disease (signs and symptoms, possible causes, additional problems, treatments).
Cardiovascular diseases: atherosclerosis, heart attack, ischemic stroke, haemorrhagic stroke, heart failure, arrhythmia, bradycardia, tachycardia, and heart valve problems.

Care settings and Aging services:

Scuole associate



Long term care, Care provided at home, Aging services, Independent living retirement community, Assisted living facilities, Nursing homes, CCRC.

3) EDUCAZIONE CIVICA:

The Mob in the USA.

The “RICO act”

The USA and The UK (+Brexit).

“Refugee Blues” – a poem by Auden

Inveruno, 08.06.2021

Il docente

Prof.ssa Silvia Cucchi

Scuole associate

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