



PROGRAMMA SVOLTO

MATERIA LINGUA INGLESE

Classe 5[^]E *Indirizzo Sanità e Assistenza Sociale* *a.s. 2022-2023*

Testi utilizzati: GROWING INTO OLD AGE- P. Revellino, G. Schinardi, E. Tellier-CLITT

Prof. ssa : Gabriella Airoidi

UNIT 1: GROWING OLD

HEALTHY AGING

pp.214,215,216,
217,219,229,221

When does old age begin?
Staying healthy as you age.

Myths about healthy aging.

Tips for:

- keeping the mind sharp
- exercising
- sleeping well
- eating well

Find data about elderly people, create graphs, explain data

INVALSI training

Reading comprehension (multiple choice questions B1)

Listening comprehension (multiple matching interview B1)

UNIT 2 LEARNING DISABILITIES

LEARNING DISABILITIES

pp.172,173,174,176,177,178,179.

What are learning disabilities?

What causes them and how do you know it is a learning disability?

Coping with learning disabilities

Dislexia

what causes dislexia

how is dislexia diagnosed

dealing with dislexia

Dyscalculia

what causes dyscalculia

what are the symptoms

how is it diagnosed

how can professionals help

Dysgraphia

what causes dysgraphia

how is it diagnosed

dealing with dysgraphia

Find data and information about learning disabilities, Power Point Presentation

INVALSI training

Reading comprehension (multiple choice questions B2)

Listenings comprehension (short answer questions B1)

UNIT 3: MINOR PROBLEMS AND MAJOR DISEASES IN OLD AGE

MINOR PROBLEMS

pp.228,229,230,231,232,234,235,236,237,238,240,241.

Depression

signs and symptoms
dementia vs depression
self-help.

Age-related memory loss

causes
normal memory loss vs. dementia

Falls

consequences
risk factors

Eyesight changes:

Presbyopia

definition,
symptoms,
detection.

Eye cataracts and glaucoma

definition,
treatment

Presbyosmia (smell loss)

Problems affecting taste

Urinary incontinence

definition,
groups at higher risk

Presbycusis (hearing problems)

MAJOR PROBLEMS

pp.244,245,246,247,249,250,251,252

Alzheimer's disease

definition,
cause,
symptoms,
stages,
treatments,
prevention
+ photocopy

Parkinson's disease

definition,
cause,
symptoms,
additional problems,
treatments

Cardiovascular disease

atherosclerosis
heart attack
ischemic stroke
hemorrhagic stroke
definition, causes, symptoms treatment.

INVALSI training

Reading comprehension (matching gap fill B2)

CBT INVALSI

UNIT 4 : CARE SETTINGS AND CAREERS IN SOCIAL WORKS

CARE SETTING

pp.253,254,255,256,257,258,259.

Long term care
Home care
Aging services
Independent living retirement community
Assisted living facilities
Nursing homes



Continuity care retirement community
Adult day care centre

Choosing your job

pp.314,315,316

careers in health and social care

jobs roles in adult social care

How to write a CV

How to write a report about a training experience

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Gli studenti

La docente

Prof. ssa Gabriella Airoidi



Scuole associate

I.P.I.A. "G. MARCORA" Via Marcora, 109 - 20010 Inveruno ☎0297288182 - vicemarcora@iisinveruno.edu.it
I.P.S. "E. LOMBARDINI" Via Buonarroto, 6 - 20010 Inveruno ☎029787234 - vicelombardini@iisinveruno.edu.it
I.T.T.E. "G. MARCORA" Via Marcora, 109 - 20010 Inveruno ☎0297285314 - viceittmarcora@iisinveruno.edu.it